

## **NCWHL GREEN DIVISION COACHING GUIDELINES**

- Coaches recognize the power they hold over athletes and therefore make reasonable efforts to avoid engaging in conduct that is personally demeaning to athletes and other participants
- Coaches must present information accurately and with a reasonable degree of objectivity
- Coaches will establish an appropriate process for providing feedback to athletes
- Coaches must evaluate athletes on the basis of their actual performance on relevant and established program requirements and consistent with league criteria.
  - Coaches seek to ensure skater feedback is accurate and not misleading
- Coaches take responsible measures to honor all commitments they have made

### **Green Division Head Coach**

**Minimum requirement: Maroon level skater or higher**

- Reports to Coach Coordinator
- Coordinates practices with Green Division Coordinator
- Develops practice plans, with goals and objectives, and communicates plans to Coach Coordinator, Division Coordinator
- Able to clearly communicate plans, drills and implementation to coaching team and skaters
- Able demonstrate all skills, drills and activities using correct form
- Able to Coach on-ice, Offensive Bench, Defensive Bench, Full Bench and instruct coaching team on best methods
- Fully understands game knowledge and best way to communicate knowledge to coaches and skaters

### **Green Division Coach**

**Minimum requirement: Maroon level or Red benchmark level with 2 seasons experience as an Assistant Coach**

- Reports to Coach Coordinator
- Takes direction from Head Coach
- Able to demonstrate drills and skills of red level criteria
  - If unable to demonstrate skill, seeks skater who can demonstrate skill
- Able to implement practice plans developed by Head Coach
- Able to provide feedback for improvement
- Able to Coach on-ice and Offensive Bench or Defensive Bench. Can handle full bench but should have an assistant
- Understands game knowledge and can communicate plays and methods to players

### **Green Division Assistant Coach**

**Minimum requirement: 2 sequential seasons in the red division**

- Reports to Coach Coordinator
- Takes direction from Head Coach and Division Coaches
- Able to demonstrate basic skating and sticking handling skills correctly under supervision of the head coach
- Able to provide basic feedback and seeks assistance from Coaches or head coach on matters that need improvement
- Able to assist on ice as needed and assist on the bench with guidance